

# OAB Conversation Starters

It can be difficult talking to your doctor about your overactive bladder (OAB) symptoms. These conversation starters and questions may help make your discussion a little easier. Print them out and bring them to your next appointment. Remember, these are just suggestions and may not apply to everyone. You may also come up with your own to share with your doctor.

If you plan to talk to your doctor about your symptoms, you could open the conversation with phrases like:

- I urinate frequently and sometimes without warning
- I sometimes leak before I can get to the bathroom
- I need to go to the bathroom a lot

If your doctor says you have overactive bladder, you may want to ask:

- What do you think is causing my OAB symptoms?
- Are my OAB symptoms treatable?
- Could medication help my OAB symptoms?
- Will medication cure my problem?
- Is there any reason I shouldn't take an OAB medication?
- What can I expect from treatment?
- Might TOVIAZ® (fesoterodine fumarate) work for me?
- How long will it take for TOVIAZ to work?
- How long will I have to take TOVIAZ?
- What are the side effects of TOVIAZ?
- What else can I do to manage my symptoms?
- Can you recommend lifestyle changes that might help my OAB symptoms?
- Should I make any dietary changes?
- Is there anything I can do to make my pelvic floor muscles stronger?

If you're looking for an OAB treatment, ask your doctor if TOVIAZ is right for you.

## Indication

TOVIAZ (fesoterodine fumarate) treats the symptoms of overactive bladder (leaks, strong sudden urges to go, going too often).

## Important Safety Information

**You should not take TOVIAZ** if you have certain stomach problems, a certain type of glaucoma, cannot empty your bladder, are allergic to TOVIAZ or any of its ingredients, are allergic to DETROL or DETROL LA which contains tolterodine.

**TOVIAZ may cause allergic reactions that may be serious.** If you experience swelling of the face, lips, throat, or tongue, stop taking TOVIAZ and get emergency medical help right away.

**The most common side effects of TOVIAZ** are dry mouth and constipation.

Medicines like TOVIAZ can cause blurred vision, dizziness, drowsiness, and decreased sweating. Do not drive, operate machinery, or do unsafe tasks until you know how TOVIAZ affects you. Use caution in hot environments. Drinking alcohol while taking medicines such as TOVIAZ may cause increased drowsiness.

Please click [here](#) for full Prescribing Information and Patient Information, or visit [Toviaz.com](#).